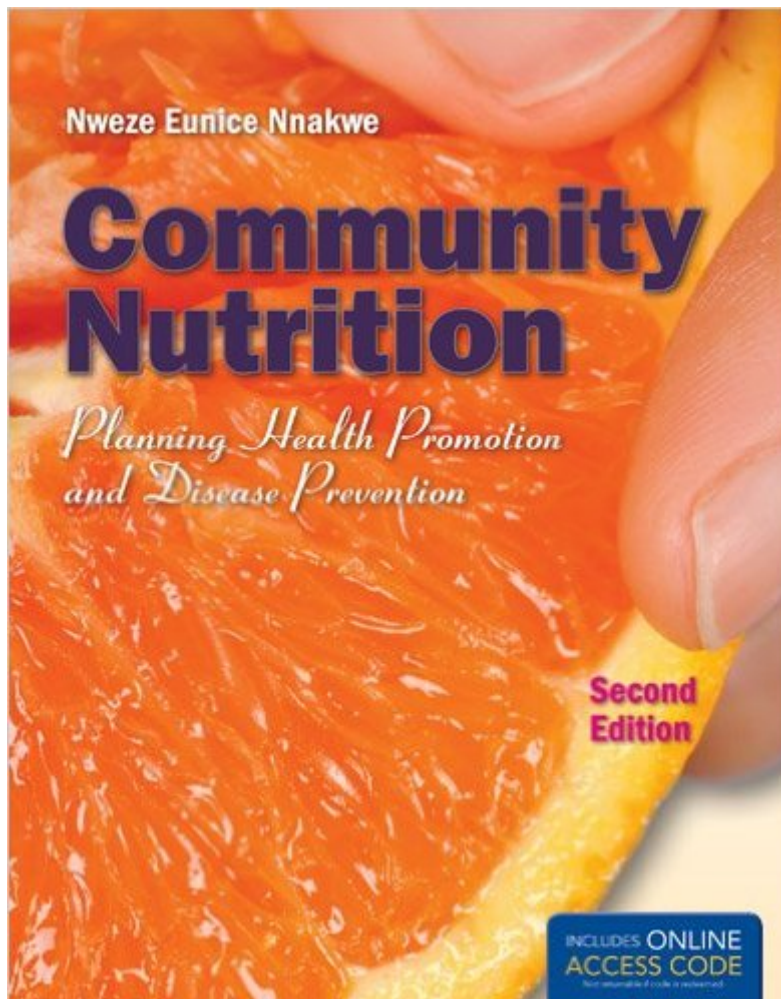


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# Community Nutrition: Planning Health Promotion And Disease Prevention



## Synopsis

Thoroughly revised and updated, *Community Nutrition: Planning Health Promotion and Disease Prevention, Second Edition* provides students with the knowledge, skills, tools, and evidence-based approaches that they need to promote health and prevent diseases. The Second Edition provides pertinent statistics on the national health objectives for 2010 and discusses traditional concepts as well as current and emerging nutrition issues. Real-world examples throughout the text explain nutritional concepts and present the reader with an application of these important topics. Instead of presenting the business and hospital-based care perspective used by most other books in this area, this text focuses on public health and community-based care. The book is divided into three parts: Part 1 provides an overview of community and public health nutrition landscapes, and lays the foundation for primary, secondary, and tertiary prevention. Part II focuses on the knowledge and intervention skills needed to promote health and prevent disease throughout the life cycle. Part III focuses on the skills, knowledge, and tools community nutritionists need to design effective nutrition and health promotion programs. New to the Second Edition: Public and Community Health Objectives including Canadian, U.S., and World Health Promotion Objectives Healthy People 2020 and the Healthy People 2010 Progress Report The Nutrition Care Process approved for the profession of nutrition and dietetics practice Mapping tools in community assessment Nutrition Care Process Evidence-Based Practice

## Book Information

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## Customer Reviews

Great condition and arrival was right on time. The graphics and information in the book are fabulous. This is great for hands on learning. I'm happy I made this purchase.

The book was in perfect shape when I received it. I was thrown off when I noticed it wasn't printed in color (but that's probably my fault).

It's a used book while it should be new

It's a text book. I only bought it because I had to and nothing more. It got me through the class and had some helpful information but other than that it is exactly what it is, "a text book"

Good book for an overview or introduction to Community Nutrition Grad level course. Well organized, several real case scenarios, includes a summary of the main subjects for public health.

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